



## Using Facilitated Discussion

### 📖 Books

*Facilitator's Guide for Nutrition Education: Listen, Share, and Support.* Santa Fe, NM: New Mexico WIC Program, 1994.

### 📖 Articles

Peacock, A.R., Achterberg, C. How to Make Nutrition Education More Meaningful through Facilitated Group Discussions. *Journal of the American Dietetic Association.* (99)1: 72-76. 1999.

Sigman-Grant, M. Facilitated Discussions. *University of Nevada Cooperative Extension Continuing on the Road to Excellence Newsletter.* Issue 1; June 2001.

### 📖 Internet Resources

Nutrition Education: On the Road to Excellence. Teleconference sponsored by the Southwest Region of USDA. April 26-27, 2001.

Full text: <http://www.tdh.state.tx.us/wichd/tng/ontheroadtoexcl-S.pdf>